

2022

SUMMER ACTIVITIES

HUDSONVILLE COMMUNITY EDUCATION

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Important Registration Information

Preferred method of registration is online at hudsonvillepublicschools.org, but we will gladly accept registrations by mail, or in person.

★ Register online for immediate confirmation.

★ Payment must be made with registration.

★ We accept checks, cash, credit, and debit cards.

★ We are unable to accept telephone registrations.

Unless you hear from us, your child is automatically enrolled in the class/camp/session you requested. Please be sure to include your email address on the registration form and we will send you a confirmation.

Registration is on a first come, first serve basis. Hudsonville Community Education reserves the right to cancel classes due to insufficient enrollment.

If a class is cancelled, participants will be notified as soon as possible and FULL refunds will be issued.

Hudsonville Community Education will issue refunds if your request is made at least seven (7) days in advance.

Questions? Please call: 669-1740
or visit us at hudsonvillepublicschools.org

Hudsonville Community Education

3886 Van Buren

Hudsonville, MI 49426

Hours: Monday - Friday

7:30 a.m. - 4:00 p.m.

Community Education Director

Rebecca Fabiano

616-669-1740

rfabiano@hpseagles.net

Hudsonville Public Schools does not discriminate on the basis of race, color, religion, sex, national origin, age, height, weight, marital status, handicap, disability, or limited English proficiency in any of its programs or activities. The following office has been designated to handle inquiries regarding the nondiscrimination policies:

Assistant Superintendent of Human Resources Hudsonville Public Schools, 3886 Van Buren, Hudsonville, MI 49426 (616) 669-1740.

Babysitting Classes

This one day class will cover such areas as: the responsibility of a babysitter in the care and feeding of children, basic childcare, ways to entertain children, safety procedures, and emergency preparation. Each student will receive a workbook to take home as a reference. A short break will be provided, so please feel free to bring a snack.



- Locations:** **May 14** - [HHS Media Center](#), 5037-32nd Ave.
June 22 - Freshman Campus Media Center, 3370 Allen St.
- Ages:** 9 - 13
- Cost:** \$25
- Instructor:** Jill Brower
- Dates:** Saturday, May 14
9 a.m. - 12 p.m.
Wednesday, June 22
12:30 p.m. - 3:30 p.m.
- Class Size:** 20 students per class
- Deadline:** **May 12 & June 20**

Home Alone Classes

Is your child ready to stay home alone, but you want to be confident he or she has the basic skills? This one day class teaches important principles for safety at home and in the community. We will cover: answering the door or phone, first aid, fire-safety rules, internet safety, and stranger danger. Each student will receive a workbook to take home as a reference. A short break will be provided, so please feel free to bring a snack.



- Location:** [HHS Media Center](#)
5037 - 32nd Ave.
- Ages:** 9 - 13
- Cost:** \$25
- Instructor:** Jill Brower
- Day/Date:** Saturday, May 14
Wednesday, June 22
- Time:** 12:30 p.m. - 3:30 p.m.
9 a.m. - 12 p.m.
- Class Size:** 25 students per class
- Deadline:** **May 12 & June 20**

Thank you!

Hudsonville Community Education would like to thank you for supporting the sports teams and local businesses that partner with us to give your children the opportunity to branch out and try new things.



Tae Kwon Do

In our classes, we foster the principles of respect, patience, confidence, self-discipline, perseverance, and an indomitable spirit. Our professional, yet family-friendly environment is accessible to all regardless of ability or previous experience. Whether you are looking for weight loss, self-discipline, stress relief, self-defense, or a great workout, you will find it in our classes. This class is offered throughout the school year so you may register for another session after this one concludes.



- Location:** [Early Childhood Center](#)
5535 School Avenue
- Ages:** 8 - Adult
- Cost:** \$24
- Instructor:** Anthony Kim, 3rd Degree Black Belt
- Day:** Thursday
- Dates:** August 4 - 25 (4 weeks)
- Times:** 6:15 - 7:30 p.m. - All belts welcome
7:30 - 9:00 p.m. - Green belt & up
- Deadline:** **August 3**

Register at hudsonvillepublicschools.org

Cookies for 2, 3, 4, or more!

Want to learn how to decorate cookies using Royal Icing? Then this class is for you! Grab your friends and family and join Ashley Buchinger of Buchinger Baking Co. for an evening of fun! This two hour class is designed for friends and family of any size group of 2 or more! Children under the age of 11 must be accompanied by an adult. Learn the basics of cookie decorating including the tools and techniques required to make beautifully decorated royal icing cookies. Each person will make their own set of themed cookies that they will bring home with them! No experience is needed as I will teach you step by step how to decorate your cookies!



Location: Riley St. Media Center, 2745 Riley St.
Ages: 5 - Adult
Cost: \$70 per pair, each additional person \$35
Instructor: Ashley Buchinger, from [Buchinger Baking Co.](#)
Choose ONE Date
Day/Date: Wednesday, April 20
Wednesday, May 25
Wednesday, June 29
Thursday, July 14
Wednesday, August 17
Time: 6 p.m. - 8 p.m.
Deadline: **One week before date of class**

Kids Cookie Camp

Are you ready for some YUMMY summer fun? Come and join Ashley Buchinger of Buchinger Baking Co. and learn how to decorate cookies using royal icing! These summer themed cookies are sure to put a smile on your face. Learn the basics of cookie decorating including the tools and techniques required to make beautifully decorating royal icing cookies. Each child will make their own set of themed cookies that they will bring home with them! No experience is needed as I will teach you step by step how to decorate your cookies! All children must be accompanied by an adult! The cookies each month will be different designs!



Location: Riley St. Media Center, 2745 Riley St.
Ages: Kindergarten - 5th Grade
Cost: \$35 per person
Instructor: Ashley Buchinger, from [Buchinger Baking Co.](#)
Choose ONE Date
Day/Date: Wednesday, June 22
Wednesday, July 20
Wednesday, August 10
Times: 9 a.m. - 10:30 a.m. - K - 2nd
11 a.m. - 12:30 p.m. - 3rd - 5th
Deadline: **One week before date of class**

Broadway Bootcamp!

Join the Broadway Bootcamp team for a summer experience your kids won't soon forget! Sing and dance to all of our Disney favorites or Broadway classics!

Broadway Bootcamp is a dynamic program designed to build and improve the self-confidence of participants through musical theatre performance. Participants are encouraged to focus their energy in a creative manner and explore self-expression through acting, music, and movement.



Broadway Bootcamp participants learn the basics of musical theatre performance and choreography. Then put them together with the assistance of the facilitator to perform their own scene, song, and dance from a Broadway show. It is a high-energy, engaging experience for anyone, no matter their level of stage experience.

The variety of daily games and exercises allow participants to discover their hidden talents and expand upon their natural gifts and creativity. The guided instruction provides a structure so participants can present what they have learned in a comfortable, confident manner.

The primary goal: promote a healthy interest in the performing arts while providing a safe environment for participants to recognize and develop their talents and self-expression.

Students are asked to wear comfortable clothing, closed toed tennis shoes, and to bring a water bottle.

Location: [Fine Arts Auditorium, 3370 Allen St.](#)
Grades: K- 8th
Instructor: Broadway Bootcamp Team
Cost: \$80, includes t-shirt (per session)
Time: 9 a.m. - 11 a.m.

Performance for parents to be given on Friday morning

Session 1: June 27 - July 1 - Monday - Friday

"Disney Favorites Around the World" featuring songs from popular films and Broadway shows such as **Aladdin, Brave, Encanto**, and more!

Deadline: June 20

Session 2: August 1 - 5 - Monday -Friday

"Young, Scrappy and Hungry" featuring songs from shows that have youth rebelling against authority including **Newsies, Annie, Matilda, and Hamilton!**

Deadline: July 25

Intro to the World of Technology

This 4-day long session will introduce you to coding, robotics, electronics, & 3D printing! Start your first coding project & learn how to continue at home. Build a robot & program it! Use a computer program to learn the basics of electronic circuits and see some examples. Use TinkerCAD to learn the basics of Computer-Aided-Design and design your own small trinket (keychain, chess pawn, etc.) to be 3D printed for you to pick up later.

Location: [HHS Media Center](#)
5037 - 32nd Ave.
Grades: 3rd - 5th
Cost: \$65 for all four days
Dates: July 25 - 28
Times: 1 p.m. - 2:30 p.m.
Deadline: **August 3**

Learn How to 3D Print!

Learn how to design a solid object using TINKERCAD, and then design your own small object (chess pawn, keychain, mini-figures, etc) that we will 3D print for you.

*Since 3D printing takes some time, you will have to pick up your object on a different day in the future.



Location: [Amped Reality](#), 2923 28th St. SE, 49512
Ages: 9+
Cost: \$15
Dates: Thursday, June 16
Times: 1 p.m. - 2:30 p.m.
Deadline: **August 3**

Build a Doodle Robot!

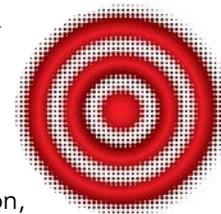
Enjoy building your own robot, decorating it, and playing with it while you learn about how robots work! Best of all, you get to keep your robot! This class is designed for younger children ages 6-9 and would be a great opportunity to build a robot with a parent or grandparent (age 5 allowed with adult helper).



Location: [HHS Media Center](#)
5037 - 32nd Ave.
Ages: 6 - 9 (age 5 allowed with adult helper).
Cost: \$21
Dates: Tuesday, June 14
Times: 11 a.m. - 12 p.m.
Deadline: **June 12**

Laser & Archery Tag

Have a blast as you will play 1 hour of Laser Tag and 1 hour of Archery Tag during each session. Instruction by BattleGR.



We will discuss and play games encompassing topics such as communication, leadership, teamwork, awareness, and adaptation to new and changing situations. Our goal is to help the students understand how to utilize the skills they learn at home and school.

Archery Tag is where archery meets dodgeball! Archery Tag uses safe foam-tipped arrows (like Nerf brand products) and a recurve bow. Students will learn the fundamentals of how to aim and shoot a bow. You don't have to know how to shoot a bow to enroll, as we will teach that as part of the class. We will play several different games that focus on working as a team. Please bring a water bottle.

Location: BattleGR Outdoor Field
3886 Van Buren
Ages: 8 - 18 (split by age group)
Cost: \$120, per session
Dates: Session 1: June 21 - 23
Session 2: July 19 - 21
Times: 5:30 p.m. - 8:30 p.m.
Deadline: **Session 1: June 20**
Session 2: July 18

Intro to Esports

Your child will learn about the different types of characters, games, and genres of games and teach them how to play and focus on strategy. We will go over the pros and cons of each type of player and talk about how to become a more strategic player. E-Sports can be a stream of income as well as colleges are giving great scholarships to E-Sports players.



Location: Mobile Video Game Theater
3886 Van Buren
Ages: 8 - 18
Cost: \$120, per session
Dates: Session 1: June 21 - 23
Session 2: July 19 - 21
Times: 5:30 p.m. - 8:30 p.m.
Deadline: **Session 1: June 20**
Session 2: July 18

Bricks 4 Kidz- LEGO® Engineering Camps

Bricks 4 Kidz® classes build on the universal popularity of LEGO® Bricks to deliver high quality, educational play. Every class is a fun, enriching experience for your child, building new projects using the classic bricks loved by generations of children.

We Learn

Our trained, screened Bricks 4 Kidz teachers lead a discussion related to that day's model, using materials designed by educators to teach concepts across a variety of subject areas. Kids will learn about everything from gears, torque and friction, to robotics, space exploration, movie-making and MORE!

Video Game Design - Space Theme - Ages 7 - 12

Students will develop a range of coding and problem-solving skills as they create fun video games. Game designers will think creatively, reason systematically, and work collaboratively to create various video games. Each Game Design unit includes a themed mini-model built with LEGO® Bricks that will be the main character of all of the games. Each game progressively teaches more advanced capabilities within the Scratch® video game design software. Students will be excited to actually play their very own completed video games. *Participants receive a flash drive which contains their games.



Days: Monday through Thursday
Date: June 13 - 16
Time: 9:00 a.m. - 12:00 p.m.
Cost: \$120
Location: [Early Childhood Center](#)

Artificial Intelligence with Cozmo – Ages 7 - 12

Students will learn the hottest AI topics in this camp, including machine learning, path planning, maze solving, voice recognition, and more. They will also learn to code in Calypso, an AI programming framework developed at Carnegie Mellon University. In addition, they will have coded their own project from start to finish by the end of camp. During camp, they will also be able to interact with Cozmo, a robot created by Anki which uses AI to function. *Participants receive a B4K backpack. They will also receive instructions on how to download Calypso so they can continue to hone their AI skills from home.

Days: Monday through Thursday
Date: June 13 - 16
Time: 1:00 p.m. - 4:00 p.m.
Cost: \$120
Location: [Early Childhood Center](#)

We Build

Collaborating with a partner, kids experience the hands-on fun of model-building, from concept to completion. All of our proprietary model plans are created by Bricks 4 Kidz designers. You won't find them on the shelves at your local toy store!

We Play

Free-play time rounds out the hour, giving kids an opportunity to develop and expand their creativity and imagination

Robotics: Logan & Zoe's Portal to Adventure - 7 - 12

Logan and Zoe were a little behind on their schoolwork, so Mom said they could use the Portal to help them catch up -- so long as they promised not to get out. Each day we will join them on a fun and educational LEGO-building adventure. This hands-on, introduction to robotics class explores STEAM concepts (Science, Technology, Engineering, Art, and Math) using LEGO Bricks, in which children will develop problem-solving and critical-thinking skills in a fun and engaging way. Using sensors & motors and robotic software, students will learn how to code the models we build and learn how robots can interact with the world around them. *Participants will receive a LEGO mini-set to keep.



Days: Monday through Thursday
Date: June 20 - 23 **OR** August 8 - 11
Time: 9:00 a.m. - 12:00 p.m.
Cost: \$110
Location: [Early Childhood Center](#)

Robotics Exploration - 7 - 12

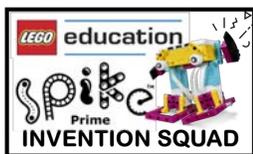
Bring LEGO® Bricks to life with coding! The ability to code is a key component of technology education today. Our coding programs will teach students important strategies to enhance their logic and problem-solving skills, as well as help them work toward becoming technological innovators of tomorrow. Our program offers campers the opportunity to develop skill level progression of coding concepts as they advance through multiple levels of difficulty. Students will build models with LEGO® Education's WeDo 2.0 elements, then control their models with the codes they write. *Participants will receive a LEGO mini-set to keep.

Days: Monday through Thursday
Date: June 20 - 23 **OR** August 8 - 11
Time: 1 p.m. - 4 p.m.
Cost: \$120
Location: [Early Childhood Center](#)

Bricks 4 Kidz- LEGO® Engineering Camps

Spike Prime- Invention Squad – Ages 9 – 14

Come develop your robotics chops using LEGO Education's Spike Prime Kit! In this camp, students will apply their engineering design skills to each step of the design process by defining a problem and success criteria, making different prototypes, establishing systematic testing procedures, analyzing data to improve their solutions, and describing why their solution is the best. *Participants receive a B4K backpack.



Days: Monday through Thursday
Date: June 27 - 30
Time: 1:00 p.m. - 4:00 p.m.
Cost: \$126
Location: [Early Childhood Center](#)

Space & Galaxy Wars – Ages 5 – 11

Inspired by NASA and Star Wars™, our Space Adventures Camp is packed full of models that will make your imagination blast off! Each day, campers will learn about real-life space exploration and build models related to the NASA space program. In addition, the day includes LEGO Star Wars™ themed models, group games, challenges and more. Bricks 4 Kidz Space Adventure camp provides the spark for imagination and creativity to take off on an adventure that's out of this world! *All Campers take home a custom mini-figure!



Days: Monday through Thursday
Date: July 11 - 14
Time: 9:00 a.m. - 12:00 p.m.
Cost: \$90
Location: [Early Childhood Center](#)

Build to Launch! – Ages 5 – 11

Brand NEW! LEGO Education and NASA have partnered to guide kids through the journey from the building of the Artemis space craft to its' launch! We will watch videos of interviews with both "LEGO astronauts" and NASA astronauts and see spectacular footage from space! Each video includes a challenge for our young builders to complete, and each task is similar to the work completed by the team at NASA. We've got the imagination and bricks to do just that! * Participants receive a mini-rocket LEGO set.



Days: Monday through Thursday
Date: July 11 - 14
Time: 1:00 p.m. - 4:00 p.m.
Cost: \$90
Location: [Early Childhood Center](#)

Mining & Crafting – Ages 5 – 11

Minecraft is a game about placing blocks to build anything you can imagine. At night monsters come out, so make sure to build a shelter before that happens. Experience the world of Minecraft with LEGO® bricks in this fun camp. Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft game. *Participants receive a LEGO Minecraft™ minifigure with accessories. *LEGO® is a registered trademark of the LEGO® Group and Mojang © 2009-2013. "Minecraft" are trademarks of Notch Development AB of companies which does not sponsor, authorize or endorse these programs.*



Days: Monday through Thursday
Date: July 18 - 21
Time: 9:00 a.m. - 12:00 p.m.
Cost: \$90
Location: [Early Childhood Center](#)

Worlds of Imagination – Ages 5 – 11

Get excited for a World of Imagination! At Bricks 4 Kidz, join the adventure as we dive into the world of Disney, beginning with classics such as Mickey and Minnie. Do you want to build a snowman? How about an adventure under the sea? LEGO Bricks come to life as we travel through Disney's most popular characters and themes. Spark your imagination as we build your Disney inspired favorites! *Participants receive a LEGO minifigure from the Disney collection.



Days: Monday through Thursday
Date: July 18 - 21
Time: 1:00 p.m. - 4:00 p.m.
Cost: \$90
Location: [Early Childhood Center](#)

The Early Childhood Center is located at
5535 School Avenue, Hudsonville 49426

Please enter off of Madison St.

Bricks 4 Kidz- LEGO® Engineering Camps

Jr Engineers- Cruisin' the Jungle - Ages 4 - 8

Come explore the jungle using LEGO® Bricks in our BRAND NEW Cruisin' The Jungle Camp! During this adventure down the Amazon River, campers will hop in the Jungle Boat Cruiser to search for the secret Tree of Life. On the way, they will encounter the wonders, dangers, and surprises the wild jungle has to offer! Campers will have to navigate around the chomping crocodiles of the river, sneak past the indigenous tribes protecting hidden treasures, and make friends with the animals of the jungle like gorillas, elephants, and much more! So pack your adventure bags and treasure maps, and get ready to explore this summer in our Cruisin' The Jungle Camp! *Participants receive a minifigure with accessories to take home!



Days: Monday through Thursday
Date: July 25 - 28
Time: 9:00 a.m. - 12:00 p.m.
Cost: \$90
Location: [Early Childhood Center](#)

Brick 4 Girlz – Ages 5 – 11

Grab your friends and come hang out with us for a girls-only week of crafting and creating with LEGO® bricks. Introduce your friends to our "Friends" as we get to know LEGO® brand's line of girl-themed models. Build adorable houses, cafes and more for a cast of female characters including Olivia and all her friends, while learning about careers women in today's world are exploring! We'll do lots of other unique things with bricks, from jewelry making to brick art, with many take home projects. And don't worry... there are "NO BOYS ALLOWED!" * Participants receive a LEGO Friends mini-doll and make LEGO-themed crafts to keep. *LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorize or endorse these programs.*



Days: Monday through Thursday
Date: July 25 - 28
Time: 1:00 p.m. - 4:00 p.m.
Cost: \$110
Location: [Early Childhood Center](#)

Super Hero Academy - Ages 5 - 11

Join Bricks 4 Kidz for a week building Super Heroes with LEGO™ bricks. Campers will recognize a family of incredible heroes: hero guardians in space, teen heroes, and of course their favorite classic super heroes! Explore the caped crusaders and discover their super powers. Build a fantasy world and protect it from enemies with custom contraptions made with LEGO™ bricks. *Participants receive a LEGO™ Super Hero minifigure to keep.



Days: Monday through Thursday
Date: August 1 - 4
Time: 9:00 a.m. - 12:00 p.m.
Cost: \$90
Location: [Early Childhood Center](#)

Game On: Mario Edition! – Ages 5 – 11

For kids today, it's all about the world of online video games and apps! In this interactive summer camp, campers will use LEGO® Bricks to create and build different characters from their favorite video games. Themes such as Super Mario Bros, Roblox, Beyblades, and Pokémon come to life through the use of our robots, mosaics, and 3D art, all made out of LEGO® Bricks. Don't forget classic Nintendo and SEGA themes such as Zelda, Duck Hunt, Pacman, and Sonic the Hedgehog! Each day will be a new adventure as the virtual and LEGO® worlds combine! *Participants receive a video game-themed prize to keep!



Days: Monday through Thursday
Date: August 1 - 4
Time: 1:00 p.m. - 4:00 p.m.
Cost: \$90
Location: [Early Childhood Center](#)

Register at hudsonvillepublicschools.org

Gymnastics, Cheer, & Ninja Warrior Classes

Where: [Horizon Kids Complex](#)
6464 Center Industrial Dr., Jenison, MI 49428

When: **Session 1:** June 6 - July 14 (no class July 4 - 7)
Session 2: July 18 - August 18

Questions: Call Horizon Kids Complex at 669-7722
horizonkidscomplex.com



Preschool Gymnastics - Learn skills and have fun on age-appropriate equipment: trampoline, bars, beam, tumbling, plus spacial awareness along with motor skill development.

Baby Bears (18mo-2.5yrs) Monday - 9-9:30 a.m. or 6-6:30 p.m. ~ \$58 per session (parent assisted)
Bunnies (2.5-3.5yrs) Monday - 9:30-10 a.m. or 6:30-7 p.m. ~ \$58 per session (parent assisted)
Wallabies (3.5-4.5yrs) Monday - 10-10:45 a.m. or 5:15-6 p.m. ~ \$70 per session
Kangaroos (4.5-5.5yrs) Monday - 10:45-11:40 a.m. or 5:15-6:10 p.m. ~ \$84 per session

School Age Gymnastics - Have fun and learn cartwheels, handstands, rolls, plus trampoline, bars, & beam skills.

Kindergarten & up

Monday, 9:30-10:25 a.m. or 4:15-5:25 p.m. or Tuesday, 6:45-7:40 p.m. or Thursday, 6:45-7:40 p.m. ~ \$84 per session

Ninja Warrior Training - Have a blast learning a combination of ninja obstacle courses, trampoline and tumbling, martial arts and street dance!

Baby Ninjas (2-3.5yrs) - Thursday, 6:15-6:45 p.m. ~ \$58 per session (parent assisted)
Lil Ninjas (3-5yrs) - Monday, 6-6:45 p.m. or Thursday, 5-5:45 p.m. ~ \$70 per session
Ninjas (6-13 yrs) - Monday 5-5:55 p.m. or 6:45-7:40 p.m. or Thursday, 5:45-6:40 p.m. ~ \$84 per session

Cheer Bears & Cheer Power - This class is a great experience for your child that has dreamed of becoming a cheerleader! We will introduce basic stunting, tumbling, choreography, chants, and routines!

Cheer Bears (4-6yrs) - Tuesday, 5:30-6:25 p.m. ~ \$60 per session
Cheer Power (7-11yrs) - Tuesday, 6:30-7:25 p.m. ~ \$60 per session

Cheer Tumbling - Have fun learning skill progressions leading towards back walkovers, back handsprings, and more!

7+yrs Monday, 6:30-7:25 p.m. ~ \$60 per session
11+yrs Monday, 7:30-8:25p.m. ~ \$60 per session

Register at hudsonvillepublicschools.org

Tennis Camps

K - 1st grades (Red Ball mini nets)

This class will teach proper footwork, forehands, backhands, overheads, volleys, split step, serve toss only. Fun games will be played as well!

2nd - 3rd grades (Orange Ball shortened court)

This class will teach proper footwork, forehands, backhands, overheads and volleys, split step, serve full serve. Fun games will be played as well!

4th - 5th grades (Green Ball, full court)

This class will teach proper footwork, forehands, backhands volleys, split step, serves and scoring. Fun games will be played as well!

6th - 8th grades (regular ball, full court regular tennis)

This class will teach proper footwork, forehands, backhands, volleys, split step, serve and scoring and tennis vocabulary (deuce and ad side) Fun games will be played as well as live match play.

Needed: Tennis racket, water bottle, hat or sunscreen
Location: Riley St. MS Tennis Courts
2745 Riley St.

Instructor: Anne Braginton

Cost: K - 5th - \$50
6th - 8th - \$60

Days: Monday - Thursday

Dates: June 13 - 16 (rain date June 17)

Times: **K - 1st** - 9:00 a.m. - 10:00 a.m.

2nd - 3rd - 10:10 a.m. - 11:10 a.m.

4th - 5th - 11:15 a.m. - 12:15 p.m.

6th - 8th - 12:15 p.m. - 1:45 p.m.

Deadline: **June 10**

One
rainout day is
factored into
cost.



USTA Tennis League

Offered by the United States Tennis Association, in cooperation with World Team Tennis, the USA Team Tennis league emphasizes fun, fitness, and friends for players of all ages and skill levels.

USTA Tennis is a four-week program of team practice and match play for boys and girls, grades 6-12, who want to play tennis on teams. Teams are comprised of players of similar age and skill.

Needed: Tennis racket, water bottle, sunscreen
Balls are provided
(Jr. size racket for younger players)

Location: [Freshman Campus Tennis Courts](#)
3370 Allen St.

Grades: 6th - 8th - Advanced Skills Only
9th - 12th - All Skill Levels

Cost: \$80

Instructor: Tennis Coach, Paul Bentley

Practices: Tuesday, Wednesday, & Thursday

Time: 9:30 a.m. - 11:30 a.m.

Dates: June 14 - 16 ~ June 21 -23

July 12 - 14 ~ July 19 - 21

Matches: Fridays - June 17, 24, July 15, 22

Parents will need to provide transportation to local matches. We will set up caravans.

Deadline: **June 13**

Learn to Wakeboard

Learn to Kneeboard, water-ski, wakeboard, and paddle-board at Action Wake Park in Hudsonville. Camp consists of (4) two hour sessions with all the required equipment and instruction included. Have you always wanted to experience water sports but not know where to start? Start Here!

Location: [Action Wake Park](#), 3320 Hudson Trails Dr.

Instructors: Dylan Hoogeboom, Wake Park Team Leader

Needed: Wear a swimsuit and bring a towel

Grades: 5th - 8th (as of fall 2022)

Cost: \$75

Days: Monday through Thursday

Dates: August 1 - 4

Times: 10 a.m. - 12 p.m.

Deadline: **July 29**

Action Wake Park - Field Trip

A water sports experience for all! Join us for a kneeboarding and wake-boarding excursion at Action Wake Park. No experience necessary.

Location: [Action Wake Park](#), 3320 Hudson Trails Dr.

Needed: Wear a swimsuit and bring a towel

Ages: 7 - 16

Cost: \$20 per day

Dates: Thursday, July 7 **OR** Friday, August 12

Times: 10 a.m. - 12 p.m.

Deadline: **July 6 & August 11**



Stunt Camp

This camp is for girls who have made the sideline cheer team or are interested in trying out for competitive cheer.

Location: Baldwin St. MS
3835 Baldwin St.
Grades: 7th - 12th
Cost: \$50
Instructor: Varsity Cheer Coaches
Days: Tuesday - Thursday
Dates: August 2 - 4
Time: 9 a.m. - 11 a.m.
Deadline: **August 1**



Softball Camp

Participants will:

- Learn how to field and throw correctly
- Have daily batting, bunting, and fielding practice
- Learn activities to become a stronger player

What to Bring:

- Softball glove •Bat (optional)



Location: [Varsity Softball Field](#),
Baldwin St. Athletic Complex
Grades: 1st - 6th
Cost: \$40
Instructors: HHS Softball Coaches & Players
Days: Monday through Wednesday
Times: 1st - 3rd
9:30 a.m. - 11 a.m.
4th - 6th
11:15 a.m. - 12:45 p.m.
Dates: June 13, 14, 15
Deadline: **June 10**

Baseball Clinics

- June 9 - Defense
(throwing, fielding, ground/fly balls, pitching)
- June 10 - Offense
(hitting, bunting, base running, sliding)



What to bring:

- Baseball glove •Bat (optional) •Hat, long pants, water bottle, sunscreen •Tennis shoes or rubber spikes

Location: [Varsity Baseball Field](#) at the
Baldwin St. Athletic Complex
Grades: 1st - 6th
Cost: \$25 for each clinic
Instructors: HHS Baseball Coaches & Players
Days: Thursday & Friday
Time: 9 a.m. - 12 p.m.
Dates: June 9 - Defense/June 10 - Offense
Deadline: **June 8**

Olympic Fencing Camp

Take your first step in becoming an Olympian with the West Michigan Fencing Academy! For individuals with little or no fencing experience. By participating in various games, campers will have fun and become acquainted with fencing stance, movement, strategies, and rules. All equipment is provided for this class.



Location: [WMFA](#) - wmfa.org
1111 Godfrey SW, 49503
Coach: Mike Nemecek, Head Coach of WMFA
Ages: 7 - 17
Cost: \$79 per session
Instructor: Mike Nemecek
Days: Tuesday through Thursday
Dates/times: August 9 - 11
1 p.m. - 2:30 p.m. or
6 p.m. - 7:30 p.m.
Deadline: **August 8**

Lacrosse Camps - Boys & Girls

If you're interested in trying lacrosse or looking to improve your individual lacrosse skills, have fun, and meet new friends, then this camp is for you! Our camp is geared toward players of all ability levels from experienced players to beginners.

***Must have own mouthguard**

The lacrosse skills we will focus on are:

- Defense and Offense Plays (team and individual)
- Ground Balls • Dodging • Shooting • Fast Breaks
- Triangle Offense • Stick Skills • Clears
- Man Up, Man Down • Face-Off, Wing Play, and Draws

Location: [Freshman Campus Turf Field](#)
3370 Allen St.
Grades: 2nd - 8th- boys
3rd - 8th - girls
Cost: \$50
Instructors: HHS Lacrosse Coaches
Days: Monday, Tuesday, Wednesday
Dates: Boys - June 20, 21, 22
Girls - June 27, 28, 29
Time: 6:00 p.m. - 8:00 p.m.
Deadline: **Boys: June 20**
Girls: June 27



Soccer - Saturdays

Soccer classes at Soccer Buddies go beyond just teaching kids athletic and soccer skills. Our expert coaches use soccer as a tool to teach confidence, perseverance, teamwork – core values that will help your child thrive in any situation.



Toddler Class: (15 mo. - 3 yrs)

This parent participation class uses fun games and activities to build confidence, motor skills, balance, coordination and more while your child kicks colorful balls and learns their colors. Socialization is also challenged by learning to share, take turns, and practice teamwork. Your child will also build their stamina and physical fitness in this class as the coach keeps it very high-energy, fast paced, and fun.

Preschool Class: (4 yrs - 6 yrs)

We encourage independent thinking, following directions, and teamwork which will assist the child in preparation for school. We use a variety of props and age appropriate games to introduce the kids to group activities that stress active motor skill development and social interaction. This class is very high-paced and works on developing ball handling skills, coordination, and physical fitness.

School Age Class: (7 yrs - 12 yrs)

This class is the perfect environment for a child who has never played, yet challenging enough for a child who has played before. More fundamental soccer skills are introduced in this class. Confidence will soar while kids master certain skills. We will also develop speed and conditioning, as well as field awareness, technique, tactics, and more. Kids will scrimmage for 20 minutes of every class, which will maximize the touches the child will get on the ball by playing small-sided games with highly-skilled coaches guiding play in a positive atmosphere.

Location: [Varsity Soccer Field](#)

7855 36th Avenue, Hudsonville

Cost: \$110 for 8 weeks

Dates: Saturdays, May 7 - June 25
Saturdays, July 2 - August 20
Saturdays, August 27 - October 15

Times: Choose one - kids will get separated by age
9 a.m.
10 a.m.
11 a.m.

Deadline: **May 5**
June 30
August 25

Jr. Cheer Camp

This three-day clinic will introduce the exciting sport of cheerleading. Participants will learn cheers, chants, tumbling, stunting, jumps and kicks.

Location: [Baldwin St. MS Gym](#)
3835 Baldwin St.
Grades: 1st - 6th
Cost: \$40
Instructor: Varsity Cheer Coaches
Dates: June 14 - 16
Time: 9 a.m. - 11 a.m.
Deadline: **June 13**



Jr. Golf Lessons

Beginner Lessons

Monday: Grip, Stance, Setup, & Hit Range Balls
Tuesday: Putting, Chipping & Drill Work
Wednesday: Review, Range Work & Special Drills
Thursday: Etiquette, and On Course Instruction

Intermediate Lessons

Monday: Target Alignment, Swing Plane, Hit Range Balls
Tuesday: Advanced Putting and Chipping Drills
Wednesday: Review, Range Work
Thursday: On Course Instruction

A limited number of golf clubs are available to use during lessons.

Location: [Wallinwood Springs](#)
8152 Weatherwax Dr., Jenison
Instructor: Tim Hartson
Ages: Beginner: 7 - 15
Intermediate: 9 - 17
Cost: \$70 for 4 days, includes gift

May 23 - 26

Beginner: 3:30 p.m. - 4:30 p.m.
Beg./Inter: 5 p.m. - 6 p.m.

June 27 - 30

Beginner: 9:00 a.m. - 10:00 a.m.
Beg./Inter: 10:30 a.m. - 11:30 a.m.
Beg./Inter: 12 p.m. - 1 p.m.

August 15 - 18

Beginner: 9:00 a.m. - 10:00 a.m.
Beg./Inter: 10:30 a.m. - 11:30 a.m.
Beg./Inter: 12 p.m. - 1 p.m.



Volleyball Camp

This clinic is great for beginners and experienced players. Your child will learn basic volleyball skills such as, correct passing techniques, overhand passing, approaches, attacking, and serving.



Towards the end of the week, we will incorporate all of these skills into a day full of fun scrimmage play!

T-shirts will also be sold at camp.

Location: [HHS Main Gym](#)
5037 - 32nd Ave.

Grades: K - 8th

Cost: K - 2nd - \$45
3rd - 5th - \$50
6th - 8th - \$55

Instructors: Volleyball Coaches & HHS Players

Times: K - 2nd: 8 a.m. - 9:15 a.m.
3rd - 5th: 9:30 a.m. - 10:45 a.m.
6th - 8th: 11 a.m. - 12:30 p.m.

Days: Monday through Wednesday

Dates: June 27 - 29

Deadline: **June 24**

Girls Basketball

Players in grades K-5 will work on ball handling and shooting along with fun games and activities to introduce them to the sport of basketball.



Players in grades 6-8 will have a more intensive camp that focuses on shooting, ball handling, and higher skill development.

Locations: 3rd - 8th: [High School Gyms](#)
5037 - 32nd Ave.

K - 2nd: [Freshman Campus Gym](#)

Grades: K - 8th

Cost: K - 5th - \$45
6th - 8th - \$55

Instructor: Casey Glass, Varsity Girls Coach

Days: Monday, Tuesday, Wednesday

Dates: June 13, 14, 15

Time: K - 5th 9:00 a.m. - 10:15 a.m.
6th - 8th 10:30 a.m. - 12:00 p.m.

Deadline: **June 10**

Hockey Camp

A great opportunity to fine tune your skills. One hour on-ice instruction and one hour off-ice. Camp will include drills to increase speed, stamina, puck handling, small games, and many other areas. Beginners to advanced players welcome. All mandatory ice hockey equipment required. Kids will be divided into groups by skill level.



Location: [Griff's - Georgetown](#)
4800 Bauer Rd.

Grades: 1st - 8th

Cost: \$125 includes t-shirt

Instructors: Varsity Coaches & HHS Players

Times: 4 p.m. - 6 p.m.

Days: Monday through Thursday

Dates: June 13 - 16

Deadline: **June 10**

Register by June 5 to be guaranteed a t-shirt

Boys Basketball

The purpose of these camps are to introduce the basics of basketball, improve fundamentals, and work on higher skill development for upper grades. Special emphasis will be given to shooting, ball handling, and passing.



Location: [HHS Main & Aux Gym](#)
5037 - 32nd Ave.

Grades: K - 8th

Cost: K - 4th - \$45
5th - 6th - \$55
7th - 8th - \$65

Instructors: HHS Basketball Coaching Staff

Days: Monday through Wednesday

Dates: June 20, 21, 22

Times: [K - 2nd - Aux. Gym](#)
9:00 a.m. - 10:15 a.m.
[3rd - 4th - Main Gym](#)
9:00 a.m. - 10:15 a.m.
[5th & 6th](#)
10:15 a.m. - 11:45 a.m.
[7th & 8th](#)
12:00 p.m. - 2:15 p.m.

Deadline: **June 17**

Register at hudsonvillepublicschools.org

Youth Football Camp

Athletes will work directly with the Hudsonville football staff, players, and youth coaches on skills needed to become the next generation of Eagle football players!

This camp will include:

- Essential offensive & defensive skills
- 7 on 7 competition
- Grade level contests

*Fee waived if your child is registered to play in the Hudsonville Youth Football league.

Location: Eagle Stadium - Baldwin Street MS

Grades: 1st - 6th

Cost: **\$50 if not playing in HYF league**
If your child will be playing in the Hudsonville Youth Football League, the fee is waived.

Times: 5:30 p.m. - 8 p.m.

Days: Monday through Wednesday

Date: July 25, 26, 27

Middle School Football Camps

All middle school players are to attend.

These skills camps will help players to strengthen the team bond by getting to know one another and the coaches before the official start of the season.

Players will need a helmet, mouth guard, cleats, and a water bottle. Players will not need pads, jerseys, or football pants.

Location: [Eagle Stadium Practice Field](#)

Baldwin Street Middle School

Grades: 7th & 8th

Cost: \$35

Instructors: HHS Eagles Football Coaching Staff

Times: 6 p.m. - 8 p.m.

Days: Monday through Wednesday

Dates: August 15 - 17



High School Football Camps

All high school players are to attend.

These skills camps will help players to strengthen the team bond by getting to know one another and the coaches before the official start of the season.

No equipment is needed; cleats are recommended.

Location: [Eagle Stadium Practice Field](#)

Baldwin Street Middle School

Grades: 9th - 12th

Cost: \$50

Instructors: HHS Eagles Football Coaching Staff

Times: 3 p.m. - 8:30 p.m.

Dates: July 18, 19, 20, 21

Detroit Lions Fundamentals Camp

Fundamentals Camps:

- 4-day camp format (2 days of offensive positions/2 days of defensive positions)
- Open to boys & girls, ages 6-14
- Individual character development with an emphasis on the Detroit Lions 5 Points of Pride
- High energy, non-contact, fundamental football instruction
- Interactive drills and skills competitions
- Emphasis on USA Football's Shoulder Tackling System - for a better and safer game
- 10:1 Athlete to Coach ratio



Location: [Hudsonville Eagle Stadium](#)

Baldwin Street Middle School

Ages: Boys & girls, ages 6-14

Cost: \$199 - cost includes Lions Camp t-shirt, appearance by a current or former Lions player & All camp participants receive a preferred price for the 2022 Detroit Lions pre-season and select regular season game opportunities.

Instructors: Detroit Lions Summer Football Camp Coaching Staff

Times: 8:30 a.m. - 12:00 p.m.

Dates: June 27 - 30, 2016

Register today at detroitlions.com

Pool Rules

Hudsonville High School Instructional Pool 5037 - 32nd Avenue

*Instructional Pool will be closed
July 25 - August 6, for yearly maintenance.

*Competition Pool will be closed
August 1 - 9, for yearly maintenance.

•We will not accept responsibility for any valuables. Please do not bring them.

•Rule 66/Any swimmer 6 years or younger must be accompanied by an adult 18 years or older in the pool. Swimmers 6th grade or younger must be accompanied by an adult 18 years or older on the pool deck.

•No back dives off the diving boards.

•Bathing suits only - no cutoffs, shorts, t-shirts etc.

•No glass bottles or jars in the pool or locker room.

•Flotation devices or "swimmies" are not allowed, except U.S. Coast Guard approved life vests.

•No person with open sores, bandages, or rashes will be admitted to the pool.

•Swimmers must shower before entering the pool.

•Everyone must obey the lifeguards.

•Diving blocks are not to be used during open swims.

•The lifeguards are in charge. If they deem a behavior unsafe, they have the right to ask people to stop and/or leave the school grounds.

•The schedule includes approximate times/dates and any closings will be posted at the pool. Such examples of closings could be: Circumstances beyond our control, contamination of the pool, weather conditions, swim meets.

Open Swim Schedule

Children grade 6 and under must be accompanied by someone 18 years of age or older. Children age 6 and under must be accompanied in the pool by an adult. Infants must wear cloth diapers with tight fitting plastic pants or a swimsuit diaper.

Dates: June 13 - July 22

August 8 - 19

Cost: \$3 per person

\$10 family rate*

*immediate members only please

When: Monday through Wednesday

Time: 1 p.m. - 3 p.m.

Lap Swim Schedule

Looking for a great way to exercise? Why not swim laps? Swimming is an excellent way to burn calories, tone muscle, and relieve stress without overexerting your joints.

Passes can be purchased at the pool.

Pass Prices: FREE - Seniors 60+

\$50 - Resident

Each pass is good for 20 visits.

Drop In: \$3 per visit

Where: [High School Instructional Pool](#)

When: Monday - Wednesday - Friday

Time: 6 a.m. - 7:30 a.m.

**2 lanes available during Open Swim
See above for days and times.**

Water Aerobics

Location: [High School Instructional Pool](#)

5037 - 32nd Avenue

Cost per visit: \$3 for adults 60+

\$5 for adults 59 and younger

Passes may be purchased for \$20 for 10 visits for adults 60 and older \$40 for those 59 and younger

Dates: June 13 - July 1

August 8 - 19

Day: Monday/Wednesday

Times: 8:00 a.m. - 9:00 a.m.

Day: Tuesday/Thursday

Times: 7 p.m. - 8 p.m.

Level Descriptions Cont.

It is our hope that each child learns swimming technique, safety, and comfort at Hudsonville Swim Lessons. Swimmers passing to the next level must complete certain objectives for each specific lesson grouping. For this reason, some children may repeat some levels more than once; this progression promotes proficiency. Our Instructors understand that children learn in different ways and in different amounts of time. Our main goal is for children to have fun safely, while gradually learning more about swimming. Each instructor is knowledgeable of swimming and is certified in Lifeguarding, CPR, and First Aid. Most importantly, our instructors are passionate about teaching swim safety and enjoy kids. If you feel your child may need more attention, private lessons are available.

When coming to swim lessons, no matter the level, your child(ren) should have:

-swimsuit -towel -goggles

**To register for swim lessons please visit
hudsonvilleaquatics.com**

Click on Aquatic Program Registration on the far right.

Please email hudsonvilleswimlessons@gmail.com with any questions.

Level Descriptions

Parent & Child 6 Months ~ 3 Years

Parents & children learn together to increase the child's comfort level in the water & build a foundation of basic skills. Arm and leg movements are introduced, along with blowing bubbles and balancing in the water. These fun-filled classes bring many smiles to toddlers' faces!

Level 1

Water Exploration: Beginners ~ Ages 3+

Students learn to feel comfortable in the water and enjoy the water safely. Elementary swimming skills are taught, which children can further build upon as they progress through the levels.

In order to start in Level 1, the child must be able to be comfortable without a parent in the water.

Level 2

Primary Skills: Advancing Beginners ~ Ages 4+

Students continue to practice elementary skills, while trying to swim more and more with their faces submerged. Once this concept is understood and mastered, they are able to jump off the deep end and swim to safety without a flotation device.

In order to start in Level 2, the child must be able to swim independently with flotation and put his/her face in the water.

Level 3

Swim Independently - Adv. Beginner ~ Ages 5+

Students learn to coordinate the front and back crawl (freestyle & backstroke). An emphasis is put on swimming with their faces in the water, starting to breathe to the side.

In order to start in Level 3, the child must be able to swim independently with some flotation and with his/her arms coming out of the water & comfortable with his/her face in the water.

Level 4

**Intro to Competitive Swimming
Master of Freestyle & Backstroke ~ Ages 5+**

Students add to their learning and technique of the freestyle & backstroke, as well as build their endurance.

In order to start in Level 4, the child must be able to swim independently without flotation and, while swimming freestyle, breathe without lifting his/her head. Students who have successfully completed Level 4 are able to join the age group swim team, HEAT.

Level 5

All Four Strokes: Stroke Refinement ~ Ages 6+

Students learn and work on all four strokes: freestyle, backstroke, breaststroke, and butterfly. An introduction to racing, starts, flip-turns, and open turns is given.

In order to start in Level 5, the child must be able to competitively swim 25 yards freestyle and backstroke.

Swim Lesson Dates & Times

Swim lesson levels are offered based on estimated demand. Check back frequently for openings as we will not have waitlists.

*If you don't see a time that works for you, we offer private lessons as well. Email the swim lesson coordinator at HUDSONVILLESWIMLESSONS@GMAIL.COM for availability.

Location: [High School Instructional Pool](#)
5037 - 32nd Avenue

Cost: \$60

Registration opens on May 16

Sign up for swim lessons at HUDSONVILLEAQUATICS.COM

June 13 - 16

Tuesday thru Friday (4 days total)

Morning

11:15 a.m. - 11:40 a.m.
11:45 a.m. - 12:10 p.m.
12:15 p.m. - 12:40 p.m.

Evening

4:15 p.m. - 4:40 p.m.
4:45 p.m. - 5:10 p.m.
5:15 p.m. - 5:40 p.m.

June 17 - 20

Monday thru Thursday (4 days total)

Morning Only

11:15 a.m. - 11:40 a.m.
11:45 a.m. - 12:10 p.m.
12:15 p.m. - 12:40 p.m.

June 27 - 30

Tuesday thru Friday (4 days total)

Morning

11:15 a.m. - 11:40 a.m.
11:45 a.m. - 12:10 p.m.
12:15 p.m. - 12:40 p.m.

Evening

4:15 p.m. - 4:40 p.m.
4:45 p.m. - 5:10 p.m.
5:15 p.m. - 5:40 p.m.

July 11 - 14

Monday thru Thursday (4 days total)

Morning Only

10:15 a.m. - 10:40 a.m.
10:45 a.m. - 11:10 a.m.
11:15 a.m. - 11:40 a.m.

August 8 - 11

Monday thru Thursday (4 days total)

Morning Only

10:15 a.m. - 10:40 a.m.
10:45 a.m. - 11:10 a.m.
11:15 a.m. - 11:40 a.m.

Beginning & Advanced Diving

Beginners do not need to have previous diving experience. Must be able to proficiently swim for 25 yards unaided.

Advance diving prerequisites: Front Dive, Back Dive, Inward Dive, Reverse Dive, Twisting Group

Location: [Freshman Campus Competition Pool](#)
3370 Allen St.

Grades: 3rd - 6th - Beginning Dive
7th and up - Advanced Dive

Cost: \$125 - Beginning Dive
\$175 - Advanced Dive

Days: Monday - Thursday
Will not dive during HEAT home meets

Beginner Divers

Dates: June 13 - 30
Times: 8:00 a.m. - 8:45 a.m.

Advanced Divers

Dates: June 13 - 30 and July 11 - 21
Times: 9:00 a.m. - 11:00 a.m.

To register for diving please visit
HUDSONVILLEAQUATICS.COM

HEAT Swim Teams - Summer 2022

HEAT is an age group competitive swim team. The four levels we provide encompass a variety of swimming abilities. In the summer practices are 3 - 5 times per week, with meets on Thursdays. Swimmers are able to participate in at least 3 dual meets and a championship meet each season as part of the registration cost. Invitationals and USA Swimming are options for all swimmers and provide added opportunities for competition at an additional cost.

Swimmers with previous HEAT experience:

Register for the Level you participated in last season. If you wish to advance Levels contact your previous coach.

Swimmers new to HEAT:

MUST attend evaluation Monday, May 16, 5 - 5:30 p.m.
Be dressed in your suit & ready to swim.

There is no need to register for evaluations. Simply be on deck at HHS pool and ready to swim. Results will be shared with swimmers at the end of the evaluation.

The practice schedule for the remainder of the school year will be shared with HEAT families on May 16.

To register for HEAT please visit
HUDSONVILLEAQUATICS.COM

Email HUDSONVILLESWIMLESSONS@GMAIL.COM for questions.

HEAT Swim Teams - Summer 2022

White ~ Novice: Ages 13 & U

Cost: \$150 or \$205 w/ 10 volunteer hours
Practices: May 23 - July 22 (tentative end date)
Monday - Thursday,
9 a.m. - 9:50 a.m. and 10 a.m. - 10:50 a.m.
Instructional Pool
Meets will be on Thursday mornings

HEAT White will learn the four swim competitive swim strokes (freestyle, backstroke, breaststroke, and butterfly). They will also learn proper breathing techniques, starts, and flip turns.

Requirements:

- 1-2x days higher weekly attendance
- Encouraged attend 1 WMSL meet and Championship meet
- Ability to listen and follow directions
- Swim Backstroke and Freestyle legally for 25 yards (10&U), 50 yards (11&U)

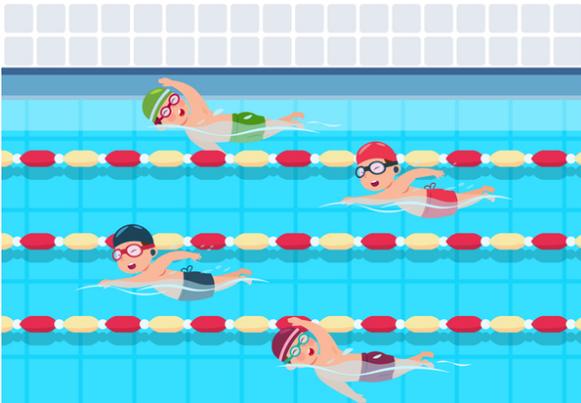
Blue ~ Intermediate: Ages 9 - 14

Cost: \$160 or \$215 w/ 10 volunteer hours
Practices: May 23 - July 22
Monday - Thursday, 10:15 a.m. -11:45 a.m.
Competition Pool
Meets will be on Thursday mornings

HEAT Blue is for swimmers who can perform all 4 competitive strokes. Swimmers exhibit a good knowledge of breathing techniques, starts, and flip turns. HEAT Blue will continue to refine strokes, increase endurance, and skill levels through higher intensity practices, and more challenging drill sets. The goal of the Blue group is to help with the transitioning between the White and Maize groups.

Requirements:

- 70% or higher weekly attendance
- attend 1 WMSL meet and WMSL Championship meet
- basic knowledge of all 4 strokes
- follow sets directed by Coach
- breathing techniques, starts and flip turns



Maize ~ Experienced: Ages 9 - 14

Cost: \$180 or \$235 w/ 10 volunteer hours
Practices: May 23 - July 22
Monday - Thursday, 8:30 a.m. - 10 a.m.
Competition Pool
Meets will be on Thursday mornings
If no meet, practice 8:30 a.m. - 10 a.m.

HEAT Maize group is for those swimmers who desire a more competitive swim experience. Swimmers in our maize group exhibit a hard work ethic at practice. Athletes are well versed in practice drills and are able to calculate set start times with the pool practice clock. Swimmers will continue to refine stroke technique in all 4 competitive strokes as longer and more frequent practices are offered for this level. This level is for our 9-14-year-olds who have swum USA, and/or striving for a more challenging opportunity. These swimmers are currently 8th grade and below

Requirements:

- 3-4 days weekly attendance including dryland (75%)
- Must attend 1 WMSL meet
- Must attend WMSL A Championship meet
- Basic drill knowledge
- Able to read pace clock and intervals
- Follow sets directed by Coach
- Legal 100 IM (11-12), Legal 200 IM (13-14)

Senior ~ 9th-grade fall of 2020 and up

Cost: \$190 or \$245 w/ 10 volunteer hours
Practices: May 23 - July 22
Monday - Thursday, 8 a.m. - 10 a.m.
Competition Pool
If no meet, practice 8 a.m. - 10 a.m.

The senior group is for 9th graders and above. This group provides an offseason training program that correlates with varsity seasons. Swimmers in this group are placed into lanes/groups based on his or her goals and commitment levels.

Requirements:

- 75% or higher weekly attendance including dry-land
- Must attend 1 WMSL meet
- Must attend WMSL A Championship meet
- Basic drill knowledge
- Interval start and stop times
- 200 IM legally

Registration Form

Preferred method of registration is online at hudsonvillepublicschools.org

Payment must accompany all registrations. Please make checks payable and mail to:
Hudsonville Community Ed., 3886 Van Buren, Hudsonville, MI 49426

Confirmations will be emailed. Consider all participants enrolled in selected programs. You will be notified if a class is filled or cancelled. Please be sure to mark your calendars!

Please fill out completely and clearly - Please print

Participant Registration Form

Parent/Guardian: Last _____ First _____ Date _____

Primary Phone: _____ Secondary Phone: _____

Address _____ City _____ Zip _____

Email (required to receive confirmation) _____

You can also register online at hudsonvillepublicschools.org

Program	Session	Participant's Name	Time	Grade	Date of Birth	Fee

Waiver:

Hudsonville Community Education or any of its employees associated with the following programs will not be held responsible for any injuries that might occur. Please realize that by participating in some of these programs there is a certain degree of risk, and injuries might occur.

Signature of parent/guardian _____ Date _____

